



TITUSVILLE Senior Center

Located in the Titusville Community
Center at Burgess Park

Address: 714 E. Main Street,
Titusville, PA 16354

Phone: (814) 827-9134

E-Mail: goseniors@zoominternet.net

Website: www.goseniors.org

What's happening

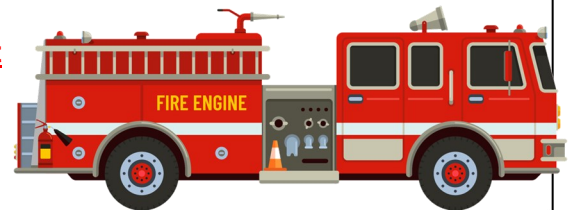
9/28	12:45 PM 1:00 PM	Pinochle Party Dementia & Alzheimer Support Group with Hospice of Crawford County
9/29	10:30 AM 12:45 PM	Healthy Steps in Motion Life Smarts with PA MEDI Counselors
9/30	12:45 PM	Boo Bingo
10/1	10:30 AM	Healthy Steps in Motion
10/2	9:00 AM 10:00 AM	Breakfast Fire Safety with Titusville Fire Department

10/5	12:45 PM	Pinochle Party
10/6	10:30 AM	Healthy Steps in Motion
10/7	12:45 PM	Bingo
10/8	9:00 AM	Kinzua Bridge Fall Foliage Trip
10/9	9:00 AM 9:30 AM	Donuts & Coffee Pinochle Party

10/12	CLOSED	Columbus Day
10/13	10:30 AM	Healthy Steps in Motion
10/14	12:45 PM	PINK Bingo
10/15	10:30 AM	Healthy Steps in Motion
10/16	11:00 AM 12:00 PM 12:45 PM	Blood Pressure Screenings Birthday Luncheon Senior Council

10/19	12:45 PM	Pinochle Party
10/20	10:30 AM	Healthy Steps in Motion
10/21	12:45 PM	Bingo
10/22	10:30 AM	Healthy Steps in Motion
10/23	9:00 AM 10:00 AM	Donuts & Coffee Pumpkin Carving

10/26	12:45 PM 1:00 PM	Pinochle Party Dementia & Alzheimer Support Group with Hospice of Crawford County
10/27	10:30 AM	Healthy Steps in Motion
10/28	12:45 PM	Speed Bingo
10/29	10:30 AM 6:00 PM	Healthy Steps in Motion Howl-O-Ween Pet Parade & Trunk-or-Treat
10/30	12:00 PM	Monster Mash Halloween Party



OCTOBER BIRTHDAYS



The mission of the Titusville Area Senior Citizens Corporation is to assure that older adults, remain active, independent, healthy and involved in the community.

		 October 		
Monday	Tuesday	Wednesday	Thursday	Friday
 United Way of the Titusville Region	October Motivation Tips! • Regular, light exercise boosts endorphins, improves mood, and increases energy levels. • Engage in community groups, classes, or regular social visits to prevent loneliness and boost mental health • It's never too late to learn a new hobby or revisit old ones!			
	5	6	7	8
	Classic Cheeseburger 1/2c Golden Roasted Potatoes 1/2c Seasoned Cauliflower Hamburger Bun Fresh Fruit (Banana) Milk/Margarine	3 oz. Roast Beef 2 fl. Oz. Gravy 1/2c Cheesy Mashed Potatoes 1/2c Vegetable Medley 1 Wheat Bread Fresh Fruit (Orange) Milk/Margarine	6 oz. Cheddar Egg Scramble 1/2c Homestyle O'Brien Potatoes Buttery Biscuit Orange Juice Milk/Margarine 	3 oz Chopped Beef Steak 2 fl. Oz. Gravy Buttered Rotini Pasta 1/2c Brussels Sprouts Dice Peas Milk/Margarine
	12	13	14	15
	 CLOSED	6 oz Sloppy Joe 1/2c Winter Blend Vegetables 1/2c Golden Roasted Potatoes Hamburger Bun Chocolate Milk/Margarine	1/2c Creamy Chicken Salad 1/2c Three Bean Salad 1/2c Macaroni Salad Fresh Fruit (Apple) Hamburger Bun Milk/Margarine 	6oz. Sesame Orange Chicken over 3/4c Vegetable Fried Rice 1/2c Garlic Green Beans Fresh Fruit (Orange) Fresh Baked Cookie Milk/Margarine
19	20	21	22	23
1c Chicken & Spaetzel Dumpling Soup 1/2c Carrots Buttery Biscuit 1/2c Mandarin Oranges Milk/Margarine 	1 Breakfast Omelet 1/4c Corn Beef Hash w/ Peppers/Onions 1/2c Cinnamon Brown Sugar Tri Color Sweet Potatoes 4oz Orange Juice Wheat Bread Milk/Margarine 	(4) Swedish Meatballs in Cream Sauce 1/2c Buttered Parsley Pasta 1/2c Seasoned Cauliflower 1/2c Fruit Medley Milk/Margarine 	Hot Dog 1/2c Cheddar Cheese Potatoes 1/2c Seasoned Green Peas Hot Dog Bun/ketchup pk. 1 Cookie Milk/Margarine	6oz. Grilled Chicken Cacciatore 1/2c Parmesan Garlic Broccoli 1/2c Buttered Pasta Fresh Fruit (Banana) Milk/Margarine
26	27	28	29	30
3oz BBQ Grilled Chicken Breast 1/2c Southern Collard Greens 1/2c Apple Crisp Dinner Roll Milk/Margarine	4oz Chicken Philly Hoagie 1c Cream of Potato Soup 1/2c Cole Slaw Hot Dog Bun Milk/Margarine 	6oz Sausage Egg Scramble 1/2c Homestyle O'Brien Potatoes 4oz Orange Juice Buttery Biscuit Milk/Margarine 	(4) Meatballs Parmesan 1/2c Buttered Parsley Penne 1/2c Seasoned Broccoli 1/2c Pineapple Tidbits Milk/Margarine	3oz Tender Roast Beef Stew 2oz Gravy 1/2c Potatoes 1/2c Vegetables White Bread 1/2c Applesauce Milk/Margarine 
Milk & margarine served with all meals. Menu subject to change				

Lunch is a suggested \$3.00 donation. Reservations are required two business days ahead by calling or emailing the Center.

Monday, Sept. 28

Pinochle Party

12:45pm ~ \$1 to play ~ Enjoy some snacks!

1:00pm

Dementia & Alzheimer
Support Group

with

HOSPICE

of Crawford County, Inc.

Tuesday,
Sept. 29 **HealthySteps**

10:30 AM ~ This **FREE** class focuses
on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



LifeSmarts

Learn it. Live it.

12:45 PM ~ After lunch, join us for Life
Smarts with PA MEDI Counselors.
Learn more about Medicare to help
you make more informed decisions.



pennsylvania

Medicare Education and Decision Insight

www.goseniors.org

Wednesday, Sept. 30

12:45 PM

BOO Bingo

Thursday,
Oct. 1 **HealthySteps**

10:30 AM ~ This **FREE** class focuses
on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



Friday, October 2



FIRE SAFETY



10:00 AM
Titusville Fire
Department
will join us for
a **Fire Safety**
Chat.

SCHELLART H. JOYCE,
ESQUIRE



THE LAW OFFICE OF
Schellart Joyce, LLC
Protect Your Legacy

schelly@shj-law.com
shj-law.com

TITUSVILLE OFFICE
105 W. Central Ave.
Titusville, PA 16354
814.827.2788
Fax: 814.827.9521

Fire Safety Friday!

Friday, October 2nd

Breakfast at 9:00 AM

Fire Safety Tips & Extinguisher Training
at 10:00 AM with Titusville Fire Department

We'll get information from local firefighters about fire safety and how to operate a fire extinguisher with the chance to try it yourself!

RSVP (814) 827-9134
goseniors@zoominternet.net



www.goseniors.org

FALL BUS TRIP



Kinzua State Park



\$10/Person - includes picnic lunch.

Pre-Registration required. Sign up by 10/1/26.

**Thursday,
October**

8

Arrive at 9:00 AM - Late arrivals will be left behind.

Depart Center at 9:15 AM

Return to Center by 3:45 PM

For more information or to register:

(814) 827-9134 or goseniors@zoominternet.net

Monday, Oct. 5

Pinochle Party



12:45pm ~ **\$1 to play** ~ Enjoy some snacks!

Tuesday, Oct. 6

Healthy Steps



10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



Wednesday, Oct. 7



12:45
Fun
Prizes!
\$25 Jackpot!

Thursday, Oct. 8

Kinzua Bridge Fall Foliage Trip

Depart at 9:00 AM
Pre-registration is
required.

Hop on the bus
with us!



Friday, October 9



Start your morning
off with
Donuts & Coffee
at **9:00 AM**

Rise & Shine

Pinochle Party



9:30 AM ~ **\$1 to play** ~ Enjoy some Donuts!



Tuesday, Oct. 13

Healthy Steps



10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



Edward Jones

Member SIPC

**Our clients' interests
come first. Call or stop by.**

Mike Watson
AAMS™
Financial Advisor
202 West Spring Street
Titusville, PA 16354
814-827-8840

Kenneth S Bodamer
Financial Advisor
202 West Spring Street
Titusville, PA 16354
814-827-8840

MKT-5894P-A-A4 AECSPAD

> edwardjones.com



GAUDY FRIDAY!

FRIDAY, OCTOBER 16

Wear something

GAUDY!

Break out the sequins, loud prints,
flashy jewelry, clashing colors,
ridiculous accessories — or just one
fabulously tacky item!

THE GAUDIER,
THE BETTER!



TITUSVILLE
Senior Center

Wednesday, Oct. 14



Thursday,
Oct. 15 **HealthySteps**

10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



FREE Blood Pressure Screenings
with Anne Logan at 11:00

Enjoy Birthday Cake with lunch!

Senior Council ~12:45
We're always looking
for new ideas!



You can view your Copilot
account online at:
community.copilot21.com



Monday, Oct. 19



12:45pm ~ \$1 to play ~ Enjoy some snacks!

Tuesday,
Oct. 20 **HealthySteps**

10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



Wednesday, Oct. 21



12:45
Fun Prizes!
\$25
Jackpot!

Thursday,
Oct. 22 **HealthySteps**

10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.



INTERNET



TELEVISION



TELEPHONE

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Keeping you **connected:**

ArmstrongOneWire.com • 1.877.277.5711

COME AND SHAKE A LEG AT OUR



Monster MASH

SNACKS · COSTUME CONTEST · DANCING

MUSIC & KARAOKE

DOOR PRIZES AND MORE!

30 OCTOBER

MUSIC BY DJ RICKY
START AT 12:30 PM

Titusville Senior Center
714 East Main Street · Titusville

RSVP / Questions (814) 827-9134

www.goseniors.org

goseniors@zoominternet.net

Friday, October 23



Start your morning
off with
Donuts & Coffee
at 9:00 AM

Pumpkin Carving
At 10:00 AM,
join us for a
Pumpkin Carving Party!



Monday, Oct. 26



12:45pm ~ **\$1 to play** ~ Enjoy some snacks!

1:00pm

**Dementia & Alzheimer
Support Group**



with
HOSPICE
of Crawford County, Inc.

Tuesday,

Oct. 27



10:30 AM ~ This **FREE** class focuses
on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



Find us on
Facebook

Wednesday, Oct. 28



Join us at 12:45
Fun Prizes!
\$25 Jackpot!
We go FAST!

Thursday,

Oct. 29



10:30 AM ~ This **FREE** class focuses
on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



6:00 PM

Friday, Oct. 30



**Titusville Insurance
Agency**



107 E. Bloss St, Titusville, PA 16354
814-827-8888, 800-346-8714, Fax 814-432-5608

Micheline Tarr

Lisa Buchna

Business, Auto, Home, Health, Life & Annuities



Titusville Express Pharmacy Now Offers Compliance Packaging

Compliance Packaging:

- Organizes medication by dose and time into easy to open blister packs.
- Helps maintain medication schedule and improves compliance.
- Each compartment is labeled with medication details and provides clear instructions.
- Ideal for complex dosing or multiple medications.
- Available at no additional cost.



Pharmacy Hours:

Monday - Friday: 9:00 a.m. - 6:00 p.m.
Saturday: 9:00 a.m. - 1:00 p.m.
Sunday: Closed



Call 814-827-5719 to verify if you are eligible.



401 West Spring Street, Titusville
Ph: 814-827-5719 • Fx: 814-827-7231

tahexpressrx.com

Senior Center Council

September 18, 2026

Johnna Kushner
Wendy Wright
Mary Carol Cartney

President
Vice President
Secretary

Ellen Booth
Lew Cooke
Bess Endres

Donna Goodwill
Pat Vasbinder

Suggestions & Discussions:

- **Programming** – Interest in a potential Book Club, Adding general cards/games or poker (with instruction) to Monday's pinochle parties or a different day.
- **Trips** – Break from trips until Spring 2027.
- **Fundraisers** – Craft Show coming up; volunteers and donations of baked goods needed.
- **Speakers & Guests** – Elvis impersonator, Doug with Vet Services, Gary Ratay in Spring 2027, and someone to speak about home modifications/resources.
- **Miscellaneous** – No new suggestions

Next Senior Center Council meeting:
Friday, October 16 at 12:45 PM

We're always looking for new ideas!

MARK & MARSHA SEELEY
Owners

SEELEY MEMORIALS

11664 Hydetown Rd.
Titusville, Pa 16354

827-4281 / (814)493-4617
seeleymemorials@gmail.com
www.seeleymemorials.com



SAVE THE DATE! UPCOMING EVENTS

NOVEMBER 12	Trip to Kraynak's Santa Lane & Lunch at Golden Corral
NOVEMBER 14	Holiday Craft & Vendor Show
NOVEMBER 17	Cardinal Painting Class with Savory Studio
DECEMBER 11	Ugly Sweater Holiday Party
DATES COMING SOON	Cookie Decorating Day, Holiday Closure Dates, & Spring 2027 Bus Trips



PET PARADE!

& HOWL-O-WEEN TRUNK-OR-TREAT

Thursday, October 29th 6:00 PM

Hosted by Titusville Senior Center
at Burgess Park
Parade: 6 PM, Trunk-or-Treat: 6-7:30 PM

Prizes for pet costume contest!
* Please, don't forget your leash. *

Open to the Public!

Kraynak's Trip



Kraynak's & Lunch
at Golden Corral
Meet at 9:00 AM.
Depart at 9:15 AM.
Return by 3:30 PM.



**THURSDAY,
NOVEMBER 12**
Reserve your
seat today!

www.goseniors.org | goseniors@zoominternet.net | (814) 827-9134
Trip fee due upon registration. Late Arrivals will be left behind.

Titusville Senior Center Holiday Craft & Vendor Show

Arts, Crafts & Artisan Goods by Local Artisans & Vendors

www.goseniors.org | goseniors@zoominternet.net | (814) 827-9134

Saturday, November 14, 2026
10 AM - 3 PM

714 East Main Street, Titusville, PA

** Kitchen will be open. **



Class by Savory Studio
At Titusville Senior Center

CANVAS PAINTING CLASS

10 x 20 Canvas
\$20 Seniors | \$25 Public

Thursday, November 17
12:45 PM



www.goseniors.org
goseniors@zoominternet.net



					5		3	9
	3	8		4	9		5	
9		2	6	3	1			8
5	8		4	6				
	2	7	1			5		4
4	9	6	2	5	7	8		3
8		3	5	1	2	7	9	
7			9	8	6	3		2
2	6	9	3	7				5



Leave us a
Review!

www.goseniors.org

If you've enjoyed activities,
meals, programs or
services at our Center - be
sure to leave us a Facebook
review to let us know!



Thank you!





TITUSVILLE Senior Center

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Community Center at Burgess Park**

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Titusville, PA 16354

Phone: (814) 827-9134

E-Mail: goseniors@zoominternet.net

Website: www.goseniors.org

Titusville Area Senior Citizens Corporation Board of Directors

Pam Anderson	President
Janice Resheske	Vice-President
Anne Logan	Secretary
Marti Bennett	Erin Biltz
Marianne Scala-Baker	Wendy Wright

Titusville Senior Center Council

Johnna Kushner	President
Wendy Wright	Vice-President
Mary Carol Cartney	Secretary
Ellen Booth	Bess Endres
Lew Cooke	Donna Goodwill
	Pat Vasbinder

Titusville Senior Center Staff

Ashley Reynolds	Executive Director
Theresa Melaragno	Center Assistant
Bill Daye	Kitchen Manager

We ask that you pre-register for lunch two days in advance. Stop in the office, call, or pre-register with CoPilot.

While we do receive some funding from **Active Aging & United Way of the Titusville Region**, we rely on your donations to help make ends meet.

We ask for a suggested donation of only **\$3.00**, more if you are able.



Funded in part by the
Pennsylvania Department
of Aging



**United Way of the
Titusville Region**

Please note, no senior will be denied a meal because of the inability to make a donation.

Do you have Medicare or are you going to be new to Medicare soon?

Pennsylvania Medicare Education and Decision Insight, PA MEDI, counselors are trained and certified by the PA Department of Aging and are able to assist you with information regarding your Medicare coverage and benefits.

Call 814-336-1792 or toll-free 1-800-321-7705 to schedule an appointment with a

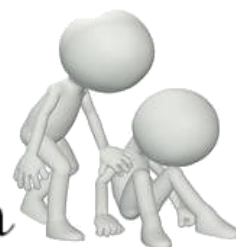
PA MEDI counselor to help you understand your Medicare covered health benefits.



pennsylvania

Medicare Education and Decision Insight

*Social
Connection*



116 West Spring Street in Titusville
Drop in, or call: (814) 775-0770

Social Connection is a Consumer Driven Mental Health Drop-In-Center. The purpose is for consumers to share friendship, a warm environment and a place to increase their personal socialization with peers who have similar life experiences.