



# TITUSVILLE Senior Center



Located in the Titusville Community  
Center at Burgess Park

Address: 714 E. Main Street,  
Titusville, PA 16354

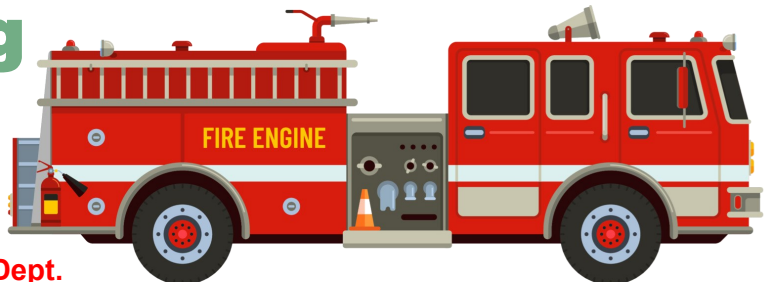
Phone: (814) 827-9134

E-Mail: [goseniors@zoominternet.net](mailto:goseniors@zoominternet.net)

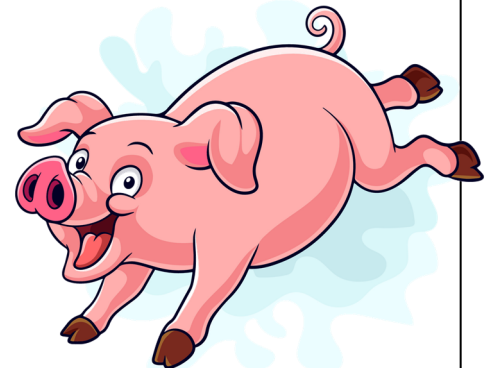
Website: [www.goseniors.org](http://www.goseniors.org)

## What's happening

9/29	12:45 PM	<b>Pinochle Party</b>
9/30	10:30 AM	Healthy Steps in Motion
10/1	<b>12:45 PM</b>	<b>Bingo</b>
10/2	10:30 AM	Healthy Steps in Motion
10/3	9:00 AM	<b>Breakfast</b>
	<b>10:00 AM</b>	<b>Fire Safety Day with Fire Dept.</b>



10/6	12:45 PM	<b>Pinochle Party</b>
10/7	10:30 AM	Healthy Steps in Motion
10/8	12:45 PM	<b>Pink Bingo</b>
10/9	10:30 AM	Healthy Steps in Motion
10/10	10:00AM	<b>Kinzua Fall Foliage Trip</b>



10/13	CLOSED for Columbus Day	
10/14	11:00 AM	<b>Therapy Dogs</b>
	12:45 PM	<b>Pumpkin Carving Party</b>
10/15	12:45 PM	<b>Bingo</b>
10/16	10:30 AM	Healthy Steps in Motion
	12:30 AM	<b>Tree Party Piggies</b>
10/17	9:30 AM	<b>Rise &amp; Shine Pinochle</b>
	11:00 AM	Blood Pressure Screenings
	12:00 PM	<b>Birthday Luncheon</b>
	12:45 PM	<b>Senior Council</b>


















10/20	12:45 PM	<b>Pinochle Party</b>
10/21	10:30 AM	Healthy Steps in Motion
	12:45 PM	<b>Nutrition and Cooking with Daphne</b>
10/22	12:45 PM	<b>Speed Bingo - we go fast!</b>
10/23	10:30 AM	Healthy Steps in Motion
10/24	12:30 PM	<b>MONSTER MASH!</b>

10/27	12:45 PM	<b>Pinochle Party</b>
10/28	10:30 AM	Healthy Steps in Motion
10/29	12:45 PM	<b>Bingo</b>
10/30	10:30 AM	Healthy Steps in Motion
10/31	11:00 AM	<b>Halloween Pet Parade</b>

# Happy Halloween

Park Walking - Mondays, Wednesdays & Fridays @ 10 AM  
Meet at the Center to walk the loop around Burgess; *weather permitting.*

The mission of the Titusville Area Senior Citizens Corporation is to assure that older adults, remain active, independent, healthy and involved in the community.

		<h1>October</h1>		 United Way of the Titusville Region
Monday	Tuesday	Wednesday	Thursday	Friday
		<b>1</b> 1c Winter Beef Stew Beef/Carrot/Potato/Gravy 1 Biscuit 1/2c Apple Crisp 	<b>2</b> Turkey w/ Provolone (2oz Turkey, 1slice Provolone) 1c. Corn Chowder Hamburger Bun Orange 	<b>3</b> Swedish Meatballs (4) 1/2c Buttered Pasta 1/2c Green Peas 1 Breadstick 1/2c Fruited Gelatin
<b>6</b> Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Orange Juice	<b>7</b> Chicken Taco Salad 3oz Diced Chicken, 5 oz Cheddar Cheese Salad Mix, Salsa, Ranch 1/2c Yellow Rice 1/2c Pineapple 	<b>8</b> Smokey BBQ Bacon Burger Cheddar Cheese, BBQ, Bacon 1c Cauliflower Soup w/ Crackers Sandwich Roll Golden Apple 	<b>9</b> Chicken Paprikash w/ Creamy Tomato Sauce 1/2c White Rice 1/2c Roasted Brussel Sprouts Whole Wheat Bread Apple Dump Cake 	<b>10</b> 3oz Meatloaf with 2oz Gravy Baked Potato 1/2c Carrots Whole Wheat Bread Orange
<b>13</b>  CLOSED	<b>14</b> 4oz Sloppy Joe 1/2c Country Greens 1/2c Sweet Potato Hamburger Bun Oatmeal Cream Pie  	<b>15</b> Stuffed Pepper Casserole 1/2c Garlic Mashed Potatoes 1/2c Carrots White Bread Pudding	<b>16</b> 3oz Kielbasa with 1oz Kraut 1/2c Haluski 1/2c California Blend Vegetables Hot Dog Bun 1/2c Applesauce	<b>17</b> Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Whole Wheat Bread Apple
<b>20</b> 3/4c Pasta and Meatballs (4) with 2oz Marinara Sauce 1/2c Mix Vegetable Garlic Breadstick Apple Slices	<b>21</b> Creamy Chicken Tortellini (3oz Chicken, 1/2c Tortellini) 1/2c Green Beans Whole Wheat Bread 1/2c Applesauce 	<b>22</b> 3oz Salisbury Steak with 2oz Gravy 1/2c Whipped Potatoes 1/2c Peas Dinner Roll Gelatin	<b>23</b> Cheeseburger 1/2c Tator Tots 1/2c Baked Pineapple 1c Tossed Salad w/ Tomato Hamburger Bun 	<b>24</b> General Tso's Chicken 1/2c White Rice 1/2c Garlic Broccoli 1/2c Mandarin Oranges Cookie
<b>27</b> 3oz Sliced Ham with 1oz Pineapple Sauce 1/2c Mashed Potatoes 1/2c Green Peas Dinner Roll Cookie	<b>28</b> Chicken Philly Sandwich Green Peppers/Onions/ Mozz. Cheese 1/2c Coleslaw Hoagie Roll Orange 	<b>29</b> 3oz BBQ Ribette 1/2c Ranch Cubed Potatoes 1/2c Green Beans Hamburger Bun 1/2c Mix Fruit 	<b>30</b> 4oz Shrimp Scampi 1/2c Creamy Pasta 1/2c Lemon Pepper Broccoli Breadstick Pudding 	<b>31</b> <b>Happy Halloween!</b> 3oz Pulled Pork w/ 2oz Gravy 1/2c Parsley Potatoes 1/2c Carrots Dinner Roll Oatmeal Cream Pie

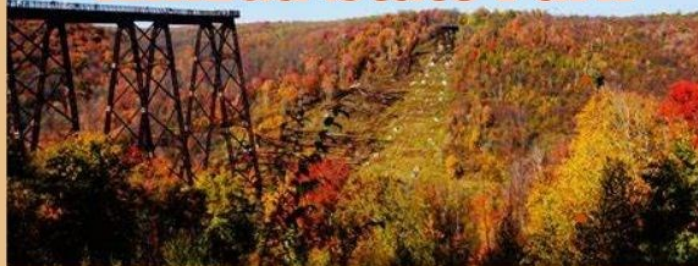
Lunch is a suggested \$3.00 donation. Reservations are required two business days ahead by calling or emailing the Center.



# FALL BUS TRIP



## Kinzua State Park



**\$10/Person** - includes picnic lunch.

Pre-Registration required. Sign up by 10/2/25.

**10**

October

Arrive by 9:15 AM - Late arrivals will be left behind.

**Depart Center at 9:30 AM**

**Return to Center by 3:45 PM**

For more information or to register:

(814) 827-9134 or [goseniors@zoominternet.net](mailto:goseniors@zoominternet.net)

# Kraynak's & Daffin's

## Bus Trip



**Kraynak's, Lunch at  
Golden Corral &  
Dessert at Daffin's.**

Arrive at Center - 9:15 AM  
Depart Center - 9:30 AM  
Return to Center - 3:45 PM

**\$15**



**THURSDAY,  
NOVEMBER 13**

Reserve your seat today!  
[GOSENIORS@ZOOMINTERNET.NET](mailto:GOSENIORS@ZOOMINTERNET.NET)  
[WWW.GOSENIORS.ORG](http://WWW.GOSENIORS.ORG)  
(814) 827-9134

Trip fee due upon registration & non-refundable.  
Late Arrivals will be left behind.

# Monday, Sept. 29

## Pinochle Party



12:45pm ~ **\$1 to play** ~ Enjoy some snacks!

# Tuesday, Sept. 30

## HealthySteps



10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion  
was developed by:



# Wednesday, Oct. 1



**12:45**  
**Fun Prizes!**  
**\$25**  
**Jackpot!**



Find us on  
**Facebook**

**Edward Jones**

Member SIPC

Our clients' interests  
come first. Call or stop by.

Mike Watson  
AAMS™  
Financial Advisor  
202 West Spring Street  
Titusville, PA 16354  
814-827-8840

Kenneth S Bodamer  
Financial Advisor  
202 West Spring Street  
Titusville, PA 16354  
814-827-8840

MKT-5894P-A-A4 AECSPAD

> [edwardjones.com](http://edwardjones.com)

# Thursday, Oct. 2

## HealthySteps

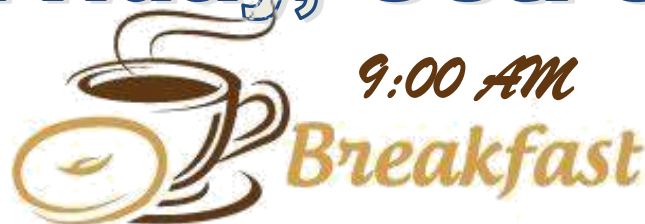


10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion  
was developed by:



# Friday, Oct. 3



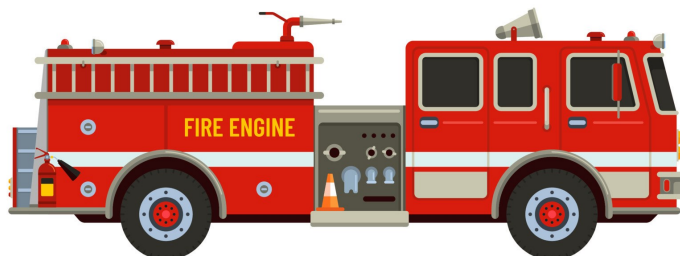
**9:00 AM**

**Breakfast**

## Fire Safety Tips & Extinguisher Training

at 10:00 AM with the  
Titusville Fire Department

We'll get information from local firefighters about fire safety and how to operate a fire extinguisher with the chance to try it yourself!



# Monday, Oct. 6

## Pinochle Party



12:45pm ~ **\$1 to play** ~ Enjoy some snacks!

**[www.goseniors.org](http://www.goseniors.org)**



# Tuesday, Oct. 7 **Healthy-Steps**



**10:30 AM** ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion  
was developed by:



# Wednesday, Oct. 8 **PINK BINGO**

**12:45 ~ Fun Prizes!  
\$25 Jackpot!**

# Thursday, Oct. 9 **Healthy-Steps**



**10:30 AM** ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion  
was developed by:



# Friday, Oct. 10 **Kinzua Fall Foliage Bus Trip!**



**Pre-registration required**

## WE WILL BE **CLOSED** ON **COLUMBUS DAY**



# Tuesday, Oct. 14



### **Therapy Dogs**

At 11:00 AM,  
come meet our  
furry friends!

**Pumpkin Carving**  
After lunch, join us  
for a Pumpkin  
Carving Party!



# Wednesday, Oct. 15



**12:45  
Fun Prizes!  
\$25  
Jackpot!**



You can view your Copilot  
account online at:  
[community.copilot21.com](http://community.copilot21.com)



INTERNET



TELEVISION



TELEPHONE

## **ARMSTRONG®**

Keeping you **connected:**

[ArmstrongOneWire.com](http://ArmstrongOneWire.com) • 1.877.277.5711



**Tuesday, October 14<sup>th</sup> at 11:00 AM**  
**Join us for a visit from local therapy dogs!**  
[www.goseniors.org](http://www.goseniors.org) | [goseniors@zoominternet.net](mailto:goseniors@zoominternet.net) | (814) 827-9134

LET'S GET READY FOR HALLOWEEN WITH  
**A PUMPKIN  
CARVING PARTY!**

October 14 • 12:45 pm  
TITUSVILLE SENIOR CENTER  
RSVP (814) 827-9134 or Email  
[goseniors@zoominternet.net](mailto:goseniors@zoominternet.net)

**FEEL GOOD  
FRIDAYS!**

Feel Good Fridays start with FREE blood pressure screenings by our favorite nurse, followed by a birthday luncheon complete with cake and serenading our monthly birthdays with "Happy Birthday" - then we wrap up with our advisory group, Senior Council, where we discuss ideas on Center programs and services. Don't miss it!

- 11:00 AM Blood Pressures by Ann
- 12:00 PM Birthday Luncheon
- 12:30 PM Birthday Song & Cake
- 12:45 PM Senior Council Meeting





# Thursday, Oct. 16 **Healthy-Steps**



**10:30 AM** ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion  
was developed by:



After lunch, hang out  
with some real  
live pigs!



# Fri, Oct. 17 **OCTOBER** BIRTHDAYS **Rise & Shine** **Pinochle Party**



**FREE** Blood Pressure Screenings  
with Anne Logan at 11:00  
Enjoy Birthday Cake with lunch!

Senior Council ~12:45  
We're always looking  
for new ideas!



**Titusville Insurance  
Agency**



107 E. Bloss St, Titusville, PA 16354  
814-827-8888, 800-346-8714, Fax 814-432-5608

**Micheline Tarr      Lisa Buchna**

**Business, Auto, Home, Health, Life & Annuities**

# Monday, Oct. 20 **Pinochle Party**



**12:45pm** ~ **\$1 to play** ~ Enjoy some snacks!

# Tuesday, Oct. 21 **Healthy-Steps**



**10:30 AM** ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion  
was developed by:



After lunch, join us for **Nutrition Fun**  
with Daphne from  
**adagioHEALTH**



# Wednesday, Oct. 22



**Join us at 12:45**  
**Fun Prizes!**  
**\$25 Jackpot!**  
**We go FAST!**

# Thursday, Oct. 23 **Healthy-Steps**



**10:30 AM** ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion  
was developed by:



**www.goseniors.org**

THURSDAY, OCTOBER 16  
AT 12:30 PM

THE TREE FAMILY PARTY PIGGIES  
WILL BE STOPPING BY FOR A  
VISIT AND TO PUT ON A SHOW!



WWW.GOSENIOBS.ORG  
GOSENIOBS@ZOOMINTERNET.NET  
(814) 827-9134



# PET PARADE!

BRING YOUR PET FOR A HALLOWEEN COSTUME PARADE!

October 31, 2025 @ 11 am

Titusville Senior Center  
714 East Main St, Titusville PA

Treats & Prizes for multiple categories!

\* Please, don't forget your leash. \*

**Open to the Public!**





**Friday, Oct. 24**



Halloween Costume Party  
and Monster Mash Dance!

Sing and Dance along to a LIVE Band,  
Encore performs from 12:30 till 3.

Plus, Costume Contest!

**Monday, Oct. 27**



12:45pm ~ \$1 to play ~ Enjoy some snacks!

**Tuesday,  
Oct. 28**  **Healthy Steps**

10:30 AM ~ This **FREE** class focuses  
on increasing flexibility and balance.

Healthy Steps in  
Motion was  
developed by:




You can view your Copilot  
account online at:  
[community.copilot21.com](http://community.copilot21.com)



**Wednesday, Oct. 29**

**BINGO!**

12:45 ~ Fun Prizes!  
**\$25 Jackpot!**

**Thursday,  
Oct. 30**  **Healthy Steps**

10:30 AM ~ This **FREE** class focuses  
on increasing flexibility and balance.

Healthy Steps in Motion  
was developed by:



**Friday, Oct. 31**



**HALLOWEEN  
PET PARADE  
11:00 AM**

MARK & MARSHA SEELEY  
Owners

**SEELEY MEMORIALS**

11664 Hydetown Rd.  
Titusville, Pa 16354

827-4281 / (814) 493-4617  
[seeleymemorials@gmail.com](mailto:seeleymemorials@gmail.com)  
[www.seeleymemorials.com](http://www.seeleymemorials.com)

SCHELLART H. JOYCE,  
ESQUIRE



THE LAW OFFICE OF  
**Schellart Joyce, LLC**  
*Protect Your Legacy*

[schelly@shj-law.com](mailto:schelly@shj-law.com)  
[shj-law.com](http://shj-law.com)

TITUSVILLE OFFICE  
105 W. Central Ave.  
Titusville, PA 16354  
814.827.2788  
Fax: 814.827.9521

## Senior Center Council

*September 19, 2025*

**Johnna Kushner**  
**Wendy Wright**  
**Mary Carol Cartney**  
**Ellen Booth**  
**Lew Cooke**  
**Donna Goodwill**

**President**  
**Vice President**  
**Secretary**  
**John Vasbinder**  
**Pat Vasbinder**

### **Suggestions & Discussions:**

- **Programming** – Pen Pall Program, Movie Days
- **Trips** – Kinzua in October, Kraynak's in November
- **Fundraisers** – 50/50 Raffle, Monday Bingo Night & November Craft Show
- **Speakers & Guests** – Tamarack
- **Miscellaneous** – Consider open house in the evening for public

Titusville Senior Center

# Monthly 50/50

\*Raffle is open to the PUBLIC of ALL ages, not just our seniors!\*

## TICKETS ON SALE NOW!

Sales Begin the First of Each Month &  
Winner Drawn the Last Day of the Month!

Benefits Center programming for local seniors.

Tickets -  
\$1/Each or  
6 Tickets for \$5

Titusville Senior Center

# Holiday Craft & Vendor Show

Arts, Crafts & Artisan Goods by Local Artisans & Vendors

[www.goseniors.org](http://www.goseniors.org) | [goseniors@zoominternet.net](mailto:goseniors@zoominternet.net) | (814) 827-9134

## Saturday, November 15, 2025

### 10 AM - 3 PM

714 East Main Street, Titusville, PA

*\* Kitchen will be open. \**





# Titusville Express Pharmacy Now Offers Compliance Packaging

## Compliance Packaging:

- Organizes medication by dose and time into easy to open blister packs.
- Helps maintain medication schedule and improves compliance.
- Each compartment is labeled with medication details and provides clear instructions.
- Ideal for complex dosing or multiple medications.
- Available at no additional cost.



## Pharmacy Hours:

Monday - Friday: 9:00 a.m. - 6:00 p.m.  
Saturday: 9:00 a.m. - 1:00 p.m.  
Sunday: Closed

**Call 814-827-5719 to verify if you are eligible.**



401 West Spring Street, Titusville  
Ph: 814-827-5719 • Fx: 814-827-7231

[tahexpressrx.com](http://tahexpressrx.com)



# TITUSVILLE Senior Center

**Located in the Titusville  
Community Center at Burgess Park**

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Titusville, PA 16354

**Phone:** (814) 827-9134

**E-Mail:** goseniors@zoominternet.net

**Website:** www.goseniors.org

## Titusville Area Senior Citizens Corporation Board of Directors

Betty Fry	President
Wendy Wright	Vice-President
Anne Logan	Secretary
Pam Anderson	Karol Hartley
Marti Bennett	Tammy Peterson
Erin Bolding	Janice Resheske

## Titusville Senior Center Council

Johnna Kushner	President
Wendy Wright	Vice-President
Mary Carol Cartney	Secretary
Ellen Booth	John Vasbinder
Lew Cooke	Pat Vasbinder
Donna Goodwill	

## Titusville Senior Center Staff

Ashley Reynolds	Executive Director
Theresa Melaragno	Center Assistant
Bill Daye	Kitchen Manager

**We ask that you pre-register for lunch two  
days in advance. Stop in the office, call,  
or pre-register with CoPilot.**

While we do receive some funding from **Active  
Aging & United Way of the Titusville Region**,  
we rely on your donations to help make ends meet.

We ask for a suggested donation of only **\$3.00**,  
more if you are able.



Funded in part by the  
Pennsylvania Department  
of Aging



**United Way of the  
Titusville Region**

*Please note, no senior will be denied a meal  
because of the inability to make a donation.*

**Do you have Medicare or are you  
going to be new to Medicare soon?**

**Pennsylvania Medicare Education and Decision  
Insight, PA MEDI**, counselors are trained and  
certified by the PA Department of Aging and are  
able to assist you with information regarding your  
Medicare coverage and benefits.

Call 814-336-1792 or toll-free 1-800-321-7705  
to schedule an appointment with a

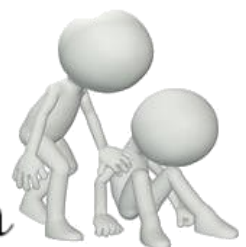
**PA MEDI** counselor to help you understand your  
Medicare covered health benefits.



**pennsylvania**

Medicare Education and Decision Insight

*Social  
Connection*



**116 West Spring Street in Titusville  
Drop in, or call: (814) 775-0770**

Social Connection is a Consumer Driven Mental  
Health Drop-In-Center. The purpose is for consumers  
to share friendship, a warm environment and a place  
to increase their personal socialization with peers who  
have similar life experiences.