

OVEMber 1

Located in the Titusville Community

Located in the Titusville Community
Center at Burgess Park

Address: 714 E. Main Street, Titusville, PA 16354

Phone: (814) 827-9134

E-Mail: goseniors@zoominternet.net

Website: www.goseniors.org

### What's happening

11/3 12:45 PM Pinochle Party & Nacho Day 11/4 10:30 AM Healthy Steps in Motion

11/5 12:45 PM **Bingo** 

11/6 10:30 AM Healthy Steps in Motion

11/7 9:00 AM Breakfast

9:30 AM Rise 'N Shine Pinochle

11/10 12:45 PM **Pinochle Party** 

Sports Jersey Day: Represent Your Favorite Team!

11/11 CLOSED: Happy Veteran's Day!

11/12 12:45 PM **BIG Money Bingo** 

11/13 Holiday Trip to Kraynak's & Daffin's

11/14 10:30 AM Blitz-Bingo: Get Up & Go Fast!

#### 11/15 TASCC Holiday Craft & Vendor Show

11/17 12:45 PM Pinochle Party & Apple Cider Day

11/18 10:30 AM Healthy Steps in Motion

11/19 12:45 PM **Bingo** 

11/20 11:30 AM Thanksgiving Celebration & Nov. Birthdays

11/21 10:00 AM Christmas SINGO-Bingo!

11:00 AM Blood Pressure Screenings

12:45 PM **Senior Council** 

11/24 12:45 PM Pinochle Party & Gingerbread Cookie Day

11/25 10:30 AM Healthy Steps in Motion

11/26 12:45 PM **Speed Bingo - we go fast!** 

11/27 CLOSED: Happy Thanksgiving!

11/28 **CLOSED** 

#### Coming Soon...

12/5 Make a Gift Day

12/12 Center Holiday Party

12/23 Cookie Decorating

12/31 New Year's "Noon" Countdown

Park Walking - Mondays, Wednesdays & Fridays @ 10 AM Meet at the Center to walk the loop around Burgess; weather permitting.









The mission of the Titusville Area Senior Citizens Corporation is to assure that older adults, remain active, independent, healthy and involved in the community.

		November		
Monday	Tuesday	Wednesday	Thursday	Friday
8	Election Day	4 5	9	7
3oz Chicken Cutlet with	Meatball Sub (3 Meatballs)	4oz Sweet & Sour Pork	Potato Breaded Fish	3oz Grilled Chicken Parmesan
2oz Country White Gravy	w/ 1oz Mozzarella Cheese	1/2c White Rice	1/2c Mac N Cheese	w/1oz Shredded Cheese
1/2c Mashed Potatoes	1c Loaded Potato Soup	1/2c Broccoli and Cauliflower	1/2c Stewed Tomatoes	1/2c Rotini w/ Sauce
1/2c Brussel Sprouts	Hot Dog Bun	Wheat Bread	Dinner Roll	1c Tossed Salad w/Tomato
Wheat Bread	Apple	1/2c Peaches	Orange	1 Garlic Breadstick
1/2c Pears				1/2c Applesauce
10	4	11 12		14
3oz Pot Roast w/ 2oz Gravy		French Dip Sandwich w/ 2oz Au Jus	Grilled Chicken Salad	Stadium Hot Dog w/ 1oz Chili
1/2c Potatoes	Teteran	2oz Beef, 1oz Mozzarella Cheese	(2oz.Grilled Chicken, 1oz. Cheese	1/2c Roasted Sweet Potatoes
1/2c Carrots	✓×× Day ×××	1/2c Garlic Parsley Potatoes	1c Lettuce, 2oz. Tomato	1/2c Peas
1 Italian Bread		1/2c Green Beans	1c. Brocolli Soup	1 Hot Dog Roll
1/2c Peach Crisp		1/2c Mandarin Oranges	Breadstick	/2c Pineapple & Mandarin Orange
	CLOSED	Hoagie Bun	Golden Apple	
17		18 19	Thanksgiving Special! 20	21
3oz. Meatloaf w/2oz. Gravy	1c Winter Chicken Stew	Swedish Meatballs (4)	3oz Roast Turkey w/ 2oz Gravy	Fish Sandwich w/Tartar Sauce
1/2c Mashed Potatoes	1/2c Stapzel	1/2c Buttered Pasta	2oz Bread Stuffing	1/2c Coleslaw
1/2c Carrots	1 Bisuit	1/2c Green Peas	1/2c Mashed Potatoes	1/2c Lemon Pepper Broccoli
Whole Wheat Bread	1/2c Apple Crisp	1 Breadstick	1/2c Corn	1/2c Applesauce
1/2c Mix Fruit		Orange	Dinner Roll	Hamburger Bun
			Pumpkin Pie	
24		25 26	Happy Thanksgiving! 27	28
Cheese Omelet	3oz Meatloaf with 2oz Gravy	Smokey BBQ Bacon Burger		
1 Sausage Patty	1/2c Roasted Potatoes	Cheddar Cheese, BBQ, Bacon	Dappy	Me're
1/2c Breakfast Potatoes	1/2c Carrots	1c Cauliflower Soup w/ Crackers	Chairstring	Soria
1 English Muffin w/ Jelly	Whole Wheat Bread	Sandwich Roll		
4oz Orange Juice	Apple	Orange		
>	20		IInitod	
The			Way	Nowswire
Nutrition A	Senior Center		United Way of the Titusville Region	
		5		

Lunch is a suggested \$3.00 donation. Reservations are required two business days ahead by calling or emailing the Center.





12:45pm ~ \$1 to play ~ Enjoy some snacks!





**10:30 AM** ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion was developed by:





www.goseniors.org

### **Edward Jones**

Member SIPC

Our clients' interests come first. Call or stop by.

#### Mike Watson AAMS™

Financial Advisor 202 West Spring Street Titusville, PA 16354 814-827-8840

#### Kenneth S Bodamer

Financial Advisor 202 West Spring Street Titusville, PA 16354 814-827-8840

MKT-5894P-A-A4 AECSPAD

> edwardjones.com



**10:30 AM** ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion was developed by:





9:30am ~ \$1 to play ~ Enjoy breakfast!



12:45pm ~ \$1 to play ~ Enjoy some snacks!



### WE WILL BE CLOSED ON VETERANS DAY



Wednesday, Nov. 12



12:45 ~ Fun Prizes! Extra Cash Prizes! Plus a \$50 Jackpot!

Thursday, Nov. 13



Bus trip to Kraynak's & Daffin's Check out the Christmas Display! Reservations required! Lunch at Golden Corral Reservations are required







INTEDNET

**TELEVISION** 

TELEPHON

### **ARMSTRONG®**

Keeping you connected:

ArmstrongOneWire.com • 1.877.277.5711

### Friday, Nov. 14



10:30 AM ~ Get Up & Go *Fast!* 

## Holiday Graft & Vendor Show

Arts, Crafts & Artisan Goods by Local Artisans & Vendors www.goseniors.org | goseniors@zoominternet.net | (814) 827-9134

Saturday, November 15, 2025

Monday, Nov. 17

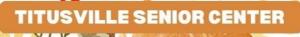


12:45pm ~ \$1 to play ~ Enjoy some snacks!





Turkey, Stuffing Mashed Potatoes Corn, Rolls & PIE! 20 NOV 714 East Main Street Titusville, PA 16354 RSVP by 11/14: (814) 827-9134 or goseniors@zoominternet.net



# What does the Center mean to you?

As we look to the future, in light of recent state and federal budget challenges, as well as reduced donations and fewer volunteers to help things run smoothly - we're reflecting on what our Center means to our senior community, and we'd like you to do the same!

With the Center, you have friends to laugh with, affordable meals to share, a variety of activities and programming, plus so much more to keep you active and connected.

#### Without the Center, what would our community lose?

Would you miss the meals, laughter, and conversation? Would you struggle to find affordable and accessible ways to stay healthy, connected and involved?

We want to hear from you! Let us know in the comments, via email or stop by to fill out a comment card.



714 East Main Street, Titusville, PA (814) 827-9134 | www.goseniors.org goseniors@zoominternet.net



### Tuesday, Now 18 Healthy-Steps

10:30 AM ~ This FREE class focuses on increasing flexibility and balance.

Healthy Steps in Motion was developed by:



### Wednesday, Nov. 19



12:45
Fun Prizes!
\$25
Jackpot!

### Thursday, Nov. 20

### Thanksgiving Celebration

& November Birthdays



Enjoy Turkey & all the fixin's! Reservations are required! Make yours today!



You can view your Copilot account online at: community.copilot21.com



Titusville Insurance Agency



107 E. Bloss St, Titusville, PA 16354 814-827-8888, 800-346-8714, Fax 814-432-5608

Michelene Tarr

Lisa Buchna

Business, Auto, Home, Health, Life & Annuities



Christmas SINGO-Bingo is at 10:00

FREE Blood Pressure Screenings with Anne Logan at 11:00

Senior Council ~12:45
We're always looking
for new ideas!



12:45pm ~ \$1 to play ~ Enjoy some snacks!





### Tuesday, Now 25 Healthy-Steps

**10:30 AM** ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion was developed by:



### Wednesday, Nov. 26



Join us at 12:45
Fun Prizes!
\$25 Jackpot!
We go FAST!

The Titusville Senior Center will be closed for the Holidays on Thu, Nov. 27 & Friday, Nov. 28.



www.goseniors.org



### **Senior Center Council**

October 17, 2025

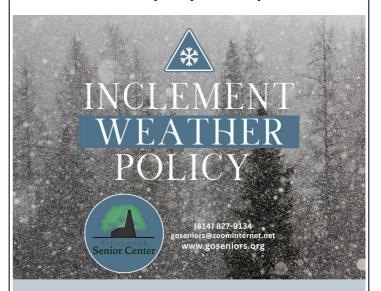
Johnna Kushner Wendy Wright Mary Carol Cartney

Ellen Booth Lew Cooke Donna Goodwill President Vice President Secretary

John Vasbinder Pat Vasbinder

#### **Suggestions & Discussions:**

- Programming Movie Days: Scrooge, A Christmas Story, It's a Wonderful Life
- Trips Hold off after Kraynak's until Spring
- **Fundraisers** Mailing
- Speakers & Guests Tamarack, Savory Studio
- Miscellaneous In light of budget cuts/ challenges and decreased volunteer involvement and fundraising participation - ask participants what does the Center mean to you & what would life look like for you / your family without it?



Titusville Senior Center adheres to Titusville Area School District's weather-related closure decisions. Follow us on Facebook for updates on Center status.

SCHELLART H. JOYCE, ESOUIRE



Schellart Joyce, LLC

Protect Your Legacy

schelly@shj-law.com

TITUSVILLE OFFICE 105 W. Central Ave.

Titusville, PA 16354 814.827.2788

Fax: 814.827.9521



#### Compliance Packaging:

- Organizes medication by dose and time into easy to open blister packs.
- Helps maintain medication schedule and improves compliance.
- Each compartment is labeled with medication details and provides clear instructions.
- Ideal for complex dosing or multiple medications.
- Available at no additional cost.

### **Pharmacy Hours:**

Monday - Friday: 9:00 a.m. - 6:00 p.m. Saturday: 9:00 a.m. - 1:00 p.m.

Sunday: Closed





Call 814-827-5719 to verify if you are eligible.



401 West Spring Street, Titusville Ph: 814-827-5719 • Fx: 814-827-7231

tahexpressrx.com



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### **Titusville Area Senior Citizens Corporation Board of Directors**

Betty Fry President Wendy Wright Vice-President Anne Logan Secretary

Pam Anderson Karol Hartley Marti Bennett Janice Resheske Erin Bolding

### **Titusville Senior Center Council**

Johnna Kushner President Wendy Wright Vice-President Mary Carol Cartney Secretary

John Vasbinder Pat Vasbinder

Ellen Booth Lew Cooke Donna Goodwill

### **Titusville Senior Center Staff**

Ashley Reynolds Theresa Melaragno Bill Daye

**Executive Director** Center Assistant Kitchen Manager

We ask that you pre-register for lunch two days in advance. Stop in the office, call, or pre-register with CoPilot.

While we do receive some funding from **Active** Aging & United Way of the Titusville Region, we rely on your donations to help make ends meet. We ask for a suggested donation of only \$3.00, more if you are able.





Funded in part by the Pennsylvania Department of Aging

**United Way of the Titusville Region** 

Please note, no senior will be denied a meal because of the inability to make a donation.

### Do you have Medicare or are you going to be new to Medicare soon?

**Pennsylvania Medicare Education and Decision** Insight, PA MEDI, counselors are trained and certified by the PA Department of Aging and are able to assist you with information regarding your Medicare coverage and benefits.

Call 814-336-1792 or toll-free 1-800-321-7705 to schedule an appointment with a PA MEDI counselor to help you understand your Medicare covered health benefits.





### 116 West Spring Street in Titusville Drop in, or call: (814) 775-0770

Social Connection is a Consumer Driven Mental Health Drop-In-Center. The purpose is for consumers to share friendship, a warm environment and a place to increase their personal socialization with peers who have similar life experiences.