



JANUARY

Located in the Titusville Community Center at Burgess Park

Address: 714 E. Main Street, Titusville, PA 16354

Phone: (814) 827-9134

E-Mail: goseniors@zoominternet.net

Website: www.goseniors.org

TITUSVILLE Senior Center

What's happening

- 1/1 **CLOSED: Happy New Year!**
- 1/2 **9:00 AM Breakfast**
9:30 AM Rise & Shine Pinochle

- 1/5 **12:45 PM Pinochle Party**
- 1/6 10:30 AM Healthy Steps in Motion
- 1/7 **12:45 PM Bingo**
- 1/8 10:30 AM Healthy Steps in Motion
- 1/9 **9:00 AM Donuts & Coffee**
11:00 AM Games & Good Company

- 1/12 **12:45 PM Pinochle Party**
- 1/13 10:30 AM Healthy Steps in Motion
- 1/14 **12:45 PM Winter Wonderland Bingo**
- 1/15 10:30 AM Healthy Steps in Motion
- 1/16 **11:00 AM Blood Pressure Screenings**
12:00 PM Birthday Luncheon
12:45 PM Senior Council

- 1/19 **CLOSED**
- 1/20 10:30 AM Healthy Steps in Motion
- 1/21 **12:45 PM Bingo**
- 1/22 10:30 AM Healthy Steps in Motion
- 1/23 **9:00 AM Donuts**
9:30 AM Rise & Shine Pinochle

- 1/26 **12:45 PM Pinochle Party**
- 1/27 10:30 AM Healthy Steps in Motion
- 1/28 **12:45 PM Speed Bingo - We go FAST!**
- 1/29 10:30 AM Healthy Steps in Motion
- 1/30 **10:30 AM Creator's Cove**



The mission of the Titusville Area Senior Citizens Corporation is to assure that older adults, remain active, independent, healthy and involved in the community.

January

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>3oz Pot Roast w/ 2oz Gravy 1/2c Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peaches</p>	 <p>United Way United Way of the Titusville Region</p>	 <p>Stadium Hot Dog w/ 1oz Chili 1/2c Roasted Tater Tots 1/2c Peas 1 Hot Dog Roll 1/2c Pineapple</p>	<p>Happy New Year!</p> 	<p>French Bread Pizza (Peperoni & Cheese) 1/2c Three Bean Salad 1/2c Mixed Fruit</p>
<p>5</p> <p>1c Winter Beef Stew 1/2c Green Beans 1 Biscuit 1/2c Apple Crisp</p>	<p>6</p> <p>Grilled Chicken Salad (2oz Grilled Chicken, 1oz Cheese over 1c Mixed Greens, w/ Tomato. 1c Broccoli Soup Dinner Roll 1/2c Mix Fruit</p>	<p>7</p> <p>3oz Salisbury Steak w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Carrots Wheat Bread Cookie</p>	<p>8</p> <p>3oz Open Faced Turkey Sandwich w/ 2oz Gravy 1/2c Whipped Potatoes 1/2c Corn Wheat Bread Orange</p>	<p>9</p> <p>French Dip Sandwich w/ 2oz Au Jus 2oz Beef, 1oz Mozzarella Cheese 1/2c Garlic Parsley Potatoes 1/2c Green Beans Hoagie Bun 1/2c Mandarin Oranges</p>
<p>12</p> <p>1c Winter Beef Stew 1/2c Green Beans 1 Biscuit 1/2c Apple Crisp</p>	<p>13</p> <p>Fish Sandwich w/ Tartar Sauce 1/2c Coleslaw 1/2c Broccoli Hamburger Bun 1/2c Pears</p> 	<p>14</p> <p>3oz Salisbury Steak w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Carrots Wheat Bread Cookie</p>	<p>15</p> <p>Turkey w/ Provolone (2oz Turkey, 1slice Provolone) Lettuce & Tomato 1c Corn Chowder Hamburger Bun Orange</p>	<p>16</p> <p>Swedish Meatballs (4) 1/2c Buttered Pasta 1/2c Green Peas Dinner Roll 1 pk. Sliced Apples</p>
<p>19</p> 	<p>20</p> <p>Cheese Omelet 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Orange Juice</p>	<p>21</p> <p>Smokey BBQ Bacon Burger Cheddar Cheese, BBQ, Bacon 1c Cauliflower Soup w/ Crackers Sandwich Roll Apple</p>	<p>22</p> <p>3oz Chicken and Gravy 1/2c. Corn 1/2c White Rice Biscuit 1/2c. Applesauce</p>	<p>23</p> <p>3oz Meatloaf with 2oz Gravy 1/2c. Roasted Potatoes 1/2c Carrots Wheat Bread Orange</p>
<p>23</p> <p>4oz Sloppy Joe 1/2c Country Greens 1/2c Parsley Potatoes Hamburger Bun Oatmeal Cream Pie</p>	<p>27</p> <p>Sweet and Sour Pulled Pork 1/2c Steamed Broccoli 1/2c White Rice 1/2c Gelatin Dinner Roll</p>	<p>28</p> <p>Stuffed Pepper Casserole 1/2c Garlic Mashed Potatoes 1/2c Carrots White Bread Pudding</p>	<p>29</p> <p>3oz Kielbasa with 1oz Kraut 1/2c Haluski 1/2c Green beans Hot Dog Bun 1/2c Applesauce</p>	<p>30</p> <p>Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Bean Soup Wheat Bread Cookie</p>

Lunch is a suggested \$3.00 donation. Reservations are required two business days ahead by calling or emailing the Center.



Join Us
**GAMES & GOOD
COMPANY**

Join us for breakfast and a
fun game day with friends!

Activities Include

CARD & BOARD GAMES,
PUZZLES, POKER, DARTS,
WII SPORTS, POOL,
BEANBAG TOSS, AND
MORE!

JANUARY 9, 2026

Donuts & Coffee @ 9 AM,
Games & Fun to Follow!



(814) 827-9134

goseniors@zoominternet.net

www.goseniors.org

Thursday, Jan. 1



Happy New Year!

We will be closed to celebrate the holiday.

Friday, Jan. 2



9:00 AM

Breakfast

Rise & Shine Pinochle Party



9:30am ~ \$1 to play ~ Enjoy some Breakfast!

Monday, Jan. 5

Pinochle Party



12:45pm ~ \$1 to play ~ Enjoy some snacks!

Tuesday,



Jan. 6 Healthy-Steps

10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



Find us on
Facebook

Wednesday, Jan. 7



12:45 ~ Fun Prizes! \$25 Jackpot!

Thursday,



Jan. 8 Healthy-Steps

10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



Friday, Jan. 9



Enjoy Coffee & Donuts at 9:00 AM,
followed by Games & Good Company!

MARK & MARSHA SEELEY

Owners

SEELEY MEMORIALS

11664 Hydetown Rd.
Titusville, Pa 16354

827-4281 / (814)493-4617
seeleymemorials@gmail.com
www.seeleymemorials.com

Monday, Jan. 12

Pinochle Party



12:45pm ~ \$1 to play ~ Enjoy some snacks!

Tuesday, Jan. 13 HealthySteps



10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion was developed by:



Wednesday, Jan. 14



Thursday, Jan. 15 HealthySteps



10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion was developed by:



www.goseniors.org



Friday, Jan. 16

FREE Blood Pressure Screenings with Anne Logan at 11:00

Birthday Cake with Lunch

Senior Council ~12:45
We're always looking for new ideas!



Monday, Jan. 19



Edward Jones

Member SIPC

Our clients' interests come first. Call or stop by.

Mike Watson
AAMS™
Financial Advisor
202 West Spring Street
Titusville, PA 16354
814-827-8840

Kenneth S Bodamer
Financial Advisor
202 West Spring Street
Titusville, PA 16354
814-827-8840

MKT-5894P-A-A4 AECSPAD

> edwardjones.com

Tuesday Jan. 20 Healthy-Steps



10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



Wednesday, Jan. 21



Thursday, Jan. 22 Healthy-Steps



10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



Friday, Jan. 23



Rise & Shine Pinochle Party



9:30am ~ \$1 to play ~ Enjoy some Donuts!

Monday, Jan. 26 Pinochle Party



12:45pm ~ \$1 to play ~ Enjoy some snacks!

Tuesday Jan. 27 Healthy-Steps



10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



Wednesday, Jan. 28



**Join us at 12:45
Fun Prizes!
\$25 Jackpot!
We go FAST!**

Thursday, Jan. 29 Healthy-Steps



10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.



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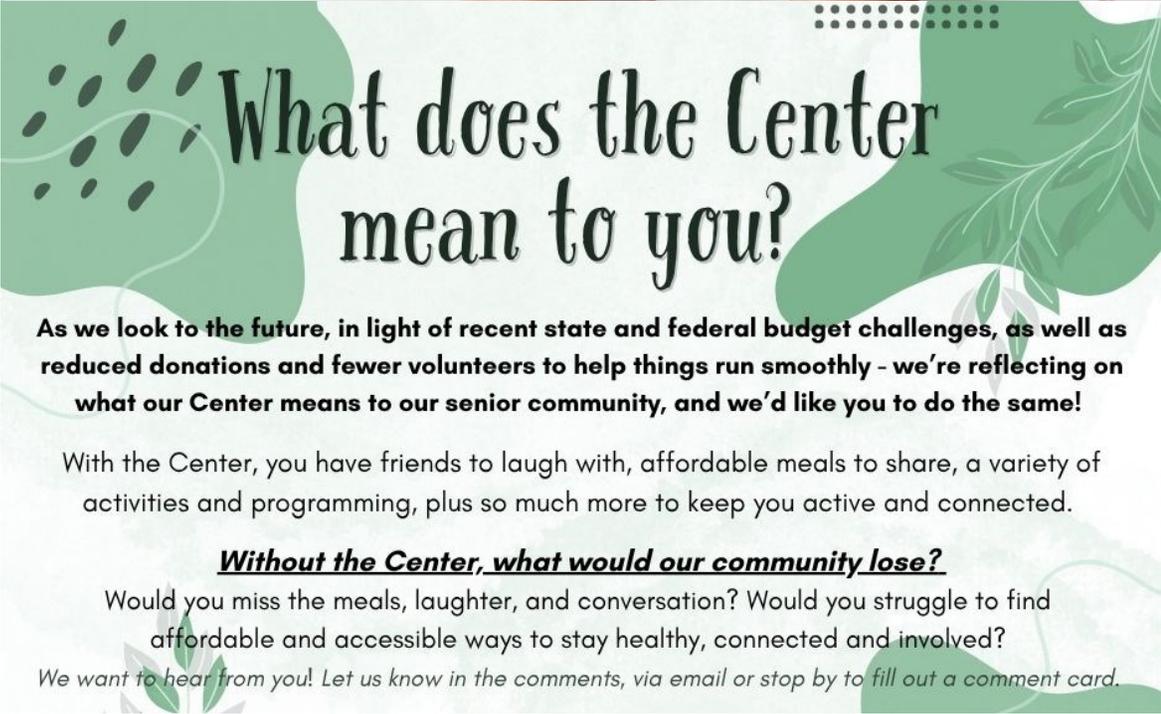
Creator's Cove

CRAFTING

Jan 30th - Wooden Block Snowman Craft

Join us at 10:30 am to make a craft!

We'll enjoy one other's company, creativity,
some coffee and a sweet treat.



What does the Center mean to you?

As we look to the future, in light of recent state and federal budget challenges, as well as reduced donations and fewer volunteers to help things run smoothly - we're reflecting on what our Center means to our senior community, and we'd like you to do the same!

With the Center, you have friends to laugh with, affordable meals to share, a variety of activities and programming, plus so much more to keep you active and connected.

Without the Center, what would our community lose?

Would you miss the meals, laughter, and conversation? Would you struggle to find affordable and accessible ways to stay healthy, connected and involved?

We want to hear from you! Let us know in the comments, via email or stop by to fill out a comment card.

Friday, Jan. 30

Creator's Cove

10:30 AM

Wooden Block Snowman
Craft & Snack

INCLEMENT WEATHER POLICY

(814) 827-9134
goseniors@zoominternet.net
www.goseniors.org

TITUSVILLE Senior Center

Titusville Senior Center adheres to Titusville Area School District's weather-related closure decisions. Follow us on Facebook for updates on Center status.

www.goseniors.org

Become a Pen Pal! Connecting Generations Through Letters!

We're excited to launch a new Pen Pal Program in partnership with the YMCA Learning Center's Afterschool Program! Let's bring back the joy of letter-writing – together! Seniors from our Center will be paired with elementary-aged students to exchange letters, cards, stories, & encouragement.

Why Join?

- Share your wisdom, life stories, and experiences.
- Bring joy to a child who looks forward to your letters.
- Build a special friendship that spans generations.
- Relive the fun of handwritten letters!

How it Works:

- Seniors sign up at our Center.
- You'll be matched with a YMCA student pen pal.
- Exchange letters through our program.
- Optional meet-and-greet at the end of the season!

Worried about handwriting? Don't let that stop you!

Our staff and volunteers can assist with writing letters if needed. We'd love for you to participate – your words matter most.

Your participation is appreciated by the kids & our Center!
Please stop by the Center today to sign up!

TITUSVILLE Senior Center

Senior Center Council

December 19, 2025

Johnna Kushner
Wendy Wright
Mary Carol Cartney

President
Vice President
Secretary

Ellen Booth
Lew Cooke

Donna Goodwill
Pat Vasbinder

Suggestions & Discussions:

- **Programming** – Promoting playing games during down time such as the magnet game, shut the box, spinner and potential Uno Tournaments.
- **Trips** – Joining with other Centers/organizations for trips father away such as The Clipper or Sweet Moments Vintage Treats. Visit Erie Casino, Lighthouses & Tom Ridge Environmental Center.
- **Fundraisers** – Soup & Pie Supper in the Spring.
- **Speakers & Guests** – No new suggestions.
- **Miscellaneous** – Would like to host Open House in August.

Next Senior Center Council meeting:
Friday, January 16 at 12:45 PM

Senior Center Council meetings are open to all center participants and the general public.

Titusville Insurance Agency



107 E. Bloss St, Titusville, PA 16354
814-827-8888, 800-346-8714, Fax 814-432-5608

Michelene Tarr Lisa Buchna

Business, Auto, Home, Health, Life & Annuities

SHELLART H. JOYCE,
ESQUIRE



THE LAW OFFICE OF
Schellart Joyce, LLC
Protect Your Legacy

schelly@shj-law.com
shj-law.com

TITUSVILLE OFFICE
105 W. Central Ave.
Titusville, PA 16354
814.827.2788
Fax: 814.827.9521



Titusville Express Pharmacy Now Offers Compliance Packaging

Compliance Packaging:

- Organizes medication by dose and time into easy to open blister packs.
- Helps maintain medication schedule and improves compliance.
- Each compartment is labeled with medication details and provides clear instructions.
- Ideal for complex dosing or multiple medications.
- Available at no additional cost.

Pharmacy Hours:

Monday - Friday: 9:00 a.m. - 6:00 p.m.
Saturday: 9:00 a.m. - 1:00 p.m.
Sunday: Closed



Call 814-827-5719 to verify if you are eligible.



401 West Spring Street, Titusville
Ph: 814-827-5719 • Fx: 814-827-7231

tahexpressrx.com



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Titusville Area Senior Citizens Corporation Board of Directors

Betty Fry	President
Wendy Wright	Vice-President
Anne Logan	Secretary
Pam Anderson	Erin Bolding
Marti Bennett	Janice Resheske

Titusville Senior Center Council

Johnna Kushner	President
Wendy Wright	Vice-President
Mary Carol Cartney	Secretary
Ellen Booth	Donna Goodwill
Lew Cooke	Pat Vasbinder

Titusville Senior Center Staff

Ashley Reynolds	Executive Director
Theresa Melaragno	Center Assistant
Bill Daye	Kitchen Manager

We ask that you pre-register for lunch two days in advance. Stop in the office, call, or pre-register with CoPilot.

While we do receive some funding from **Active Aging & United Way of the Titusville Region**, we rely on your donations to help make ends meet.

We ask for a suggested donation of only **\$3.00**, more if you are able.



Funded in part by the Pennsylvania Department of Aging



United Way of the Titusville Region

Please note, no senior will be denied a meal because of the inability to make a donation.

Do you have Medicare or are you going to be new to Medicare soon?

Pennsylvania Medicare Education and Decision Insight, PA MEDI, counselors are trained and certified by the PA Department of Aging and are able to assist you with information regarding your Medicare coverage and benefits.

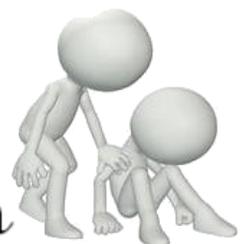
Call 814-336-1792 or toll-free 1-800-321-7705 to schedule an appointment with a **PA MEDI** counselor to help you understand your Medicare covered health benefits.



pennsylvania

Medicare Education and Decision Insight

Social Connection



116 West Spring Street in Titusville

Drop in, or call: (814) 775-0770

Social Connection is a Consumer Driven Mental Health Drop-In-Center. The purpose is for consumers to share friendship, a warm environment and a place to increase their personal socialization with peers who have similar life experiences.