



April

Located in the Titusville Community Center at Burgess Park

Address: 714 E. Main Street, Titusville, PA 16354

Phone: (814) 827-9134

E-Mail: goseniors@zoominternet.net

Website: www.goseniors.org

TITUSVILLE Senior Center

What's happening

4/1	12:45 PM	Brown Bag Bingo
4/2	9:00 AM	Breakfast
	10:00 AM	Easter Egg Hunt
4/3	C L O S E D: Good Friday	
4/6	C L O S E D: Happy Easter!	
4/7	10:30 AM	Healthy Steps in Motion
4/8	12:45 PM	Spring Fling Bingo
4/9	Drop-In Day: <i>No Scheduled Programs</i>	
4/10	9:00 AM	Donuts
	9:30 AM	Rise & Shine Pinochle
4/13	12:45 PM	Pinochle Party
4/14	10:30 AM	Healthy Steps in Motion
	12:45 PM	Living Well with PA Medi Counselors
4/15	12:45 PM	Bingo
4/16	10:30 AM	Healthy Steps in Motion
	12:45 PM	Living Well with TAH Ortho Dept.
4/17	BRING-A-FRIEND FRIDAY!!!	
	11:00 AM	Blood Pressure Screenings
	12:00 PM	Birthday Luncheon
	12:45 PM	Senior Council
4/20	12:45 PM	Pinochle Party
4/21	10:30 AM	Health Steps in Motion with guest TAH Occupational Therapy
4/22	12:45 PM	Speed Bingo - We go FAST!
4/23	10:30 AM	Healthy Steps in Motion
	12:45 PM	Visit with United Way
4/24	9:00 AM	Breakfast Club - Eat & Play!
4/27	12:45 PM	Pinochle Party
	1:00 PM	Alzheimer's/Dementia Support Group with Hospice of Crawford County
4/28	10:30 AM	Healthy Steps in Motion
4/29	12:45 PM	Bingo
4/30	10:30 AM	Healthy Steps in Motion
5/1	9:00 AM	Craft Show Preparations
5/2	10:00 AM	TASCC Spring Craft & Vendor Show



BRING A FRIEND!



The mission of the Titusville Area Senior Citizens Corporation is to assure that older adults, remain active, independent, healthy and involved in the community.



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Pasta & Meatballs (4) w/ 2oz Alfredo Sauce 1/2c Green Peas & Pearl Onions 1 Breadstick Fresh Fruit 	2 1c Cabbage Roll Casserole 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Dinner Roll Fresh Fruit	3 Good Friday Closed
		6 Closed	7 3oz Chipped BBQ Ham Sandwich 1 Slice Provolone Cheese Green Beans Warm Spiced Apples Coleslaw Hamburger Bun 	8 3oz Chicken Cutlet with 2oz Country White Gravy 1/2c Mashed Potatoes 1/2c Brussel Sprouts Wheat Bread Blushed Fruit
13 Creamy Vegetable Lasagna .5oz Shredded Mozzarella 1/2c California Blend Vegetables 1 Garlic Breadstick Fresh Fruit	14 Meatball Hoagie w/ Mozzarella Cheese Pasta Fajoli Soup Side Salad w/ Dressing Fresh Fruit Hot Dog Bun	15 Chicken Breast Cheesy Broccoli & Rice Carrots Breadstick Fruited Gelatin 	16 Cheeseburger 1/2c Tator Tots 1 Hamburger Bun 1c Tossed Salad w/ Tomato 1/2c Mandarin Oranges	17 3oz Open Faced Turkey Sandwich w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Com 1 White Bread 1 Cookie
20 Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Peas 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	21 3oz Salisbury Steak w/ 2oz Gravy Baked Potato w/ Margarine 1/2c Mixed Vegetables 1 Wheat Bread 1 Cookie	22 Swedish Meatballs (4) 1/2c Buttered Noodles 1/2c Broccoli 1 Dinner Roll 1/2c Apple Crisp	23 4oz Chicken Salad Sandwich 1/2c Tomato Cucumber Salad 1/2c Macaroni Salad Fresh Fruit Hamburger Bun 	24 Turkey Chef Salad (2oz Turkey, HB Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Wheat Bread 1/2c Gelatin
27 Baked Fish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit	28 Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Italian Bread 1/2c Mixed Fruit Salad	29 Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1/2c Com 1/2c Pineapple	30 Chicken Philly Sandwich Cream of Potato Soup Coleslaw Hot Dog Bun, Margarine Cookie	



Lunch is a suggested \$3.00 donation.
 Reservations are required two business days ahead
 by calling or emailing the Center.



From the Director...APRIL

Haven't the warmer temperatures and sunshine been lovely?! This month marks the return of Park Walking. Weather permitting, we'll meet every Monday, Wednesday, and Friday at 10:00 am to walk the loop around Burgess Park. Exercise is always more fun with friends, and we're excited to get more steps in with you! Keep an eye out for our tiny but mighty fitness center – it should be ready to open for your use soon.

We're excited to host our upcoming Spring Craft & Vendor Show on May 2! In addition to a great lineup of vendors, we'll be holding a bake sale during the event. We're looking for volunteers to help on the day of the show, as well as donations of baked goods for the sale. If you're able to contribute in other ways, we're accepting items for our craft table sales and baskets for our silent auction. This is a great way to get involved and support the Center – every contribution, big or small, helps make the day a success!

Our Attendance Raffle will continue with the winner receiving a gas card. Entries can be earned by attending activities hosted by, or involving, a guest. One of those opportunities is Digital Literacy Mondays in partnership with the Titusville Regional Literacy Council. A representative is available here on Mondays from 10:30 am – 2:30 pm to assist with phones, tablets, computers, social media, resumes, and more!

While we love to see your smiling faces and fill your bellies, reservations are required two business days in advance, preferably by noon. The Nutrition Group requires this so they can purchase and prepare meals accordingly. You can make reservations by pre-registering through CoPilot, filling out a dining card, emailing goseniors@zoominternet.net, or leaving a voicemail at (814) 827-9134. Lunch is served at noon for a suggested \$3 donation. We truly don't like turning anyone away, so please help us by making those reservations!

As we head into a busy season, I'd like to take a moment to remind everyone what makes the Center such a special place – our community. We welcome a wide variety of interests, personalities, and perspectives. Not every activity (or person) will be for everyone, and that's okay. What isn't okay is discouraging others from participating or making negative comments about what others enjoy. If something isn't your cup of tea, it's perfectly fine to sit it out – but please allow others to enjoy it. We aim to keep the Center a welcoming, positive space, and we each play a role in creating that environment. A smile, a little encouragement, patience and a positive, respectful attitude go a long way in making the Center a place people actually want to be.

Along those same lines, our fundraisers play an essential role in keeping programs, activities, and services available at the Center. With costs continuing to rise and funding sources becoming more limited, we rely on support from our community to help bridge that gap. Whether that means participating, donating, volunteering, or simply helping spread the word – every bit helps. It takes a collective effort to keep the Center thriving and enjoyable for everyone, and we truly appreciate those who contribute in ways big and small!

Don't forget to purchase tickets for your chance at our monthly 50/50 raffle when you stop by! Proceeds support programming and services at the Center. Our game room, craft room, puzzle table, communication lab, lending library, TV room, porches, coffee counter, and snack bar are all open during normal business hours in addition to scheduled activities. It's our mission to assure that older adults remain active, independent, healthy, and involved in our community. Visit www.goseniors.org to view our newsletter, schedule of events, and menu – or find us on Facebook!

See you soon,

Ashley

Senior Center Council

March 20, 2026

Johnna Kushner
Wendy Wright
Mary Carol Cartney

President
Vice President
Secretary

Ellen Booth
Lew Cooke
Bess Endres

Donna Goodwill
Pat Vasbinder

Suggestions & Discussions:

- **Programming** – Coal Oil Johnny’s for Breakfast Club
- **Trips** – No new suggestions
- **Fundraisers** – Looking for volunteers and baked goods for Craft Show
- **Speakers & Guests** – No new suggestions
- **Miscellaneous** – No new suggestions

Next Senior Center Council meeting:
Friday, April 17 at 12:45 PM

Senior Center Council meetings are open to all center participants and the general public.

MARK & MARSHA SEELEY
Owners

SEELEY MEMORIALS

11664 Hydetown Rd.
Titusville, Pa 16354

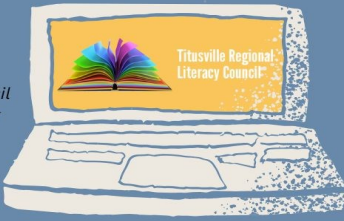
827-4281 / (814)493-4617
seeleymemorials@gmail.com
www.seeleymemorials.com

DIGITAL LITERACY MONDAY

Every Monday!
10:30 AM - 2:30 PM

Titusville Senior Center
714 E. Main St. | Titusville, PA
goseniors@zoominternet.net
(814) 827-9134
www.goseniors.org

Titusville Regional Literacy Council
will have someone at The Center to help you navigate and gain confidence while you learn.



EASTER EGG HUNT

FUN GAMES • MUSIC • PRIZES & MORE!

Happy

Easter

THURSDAY, APRIL 2ND

10:00 AM



RSVP: goseniors@zoominternet.net or (814) 827-9134

WHO SAYS THE KIDS GET TO HAVE ALL THE FUN?!

www.goseniors.org

Wednesday, April 1



Brown Bag Bingo

Thursday, April 2



9:00 AM

Breakfast

EASTER EGG HUNT



10:00 AM

Join us after Breakfast for an Easter Egg Hunt!

Easter Holiday Hours

CLOSED
GOOD FRIDAY
EASTER MONDAY



Find us on Facebook

Tuesday,



Apr. 7 **Healthy Steps**

10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion was developed by:



pennsylvania DEPARTMENT OF AGING

Wednesday, April 8

SPRING FLING BINGO

12:45

Fun Prizes!
\$25 Jackpot!

Thursday, April 9

Drop-In Day: No Scheduled Programs

SHELLART H. JOYCE,
ESQUIRE



THE LAW OFFICE OF
Schellart Joyce, LLC
Protect Your Legacy

schelly@shj-law.com
shj-law.com

TITUSVILLE OFFICE
105 W. Central Ave.
Titusville, PA 16354
814.827.2788
Fax: 814.827.9521

Friday, April 10



Coffee &
Donuts
9 AM

Rise & Shine Pinochle Party



9:30am ~ \$1 to play ~ Enjoy some Donuts!

Monday, April 13

Pinochle Party



12:45pm ~ \$1 to play ~ Enjoy some snacks!

Tuesday,
Apr. 14 **HealthySteps**



10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



After lunch, our Living Well series continues with a chat with:



pennsylvania

Medicare Education and Decision Insight

Wednesday, April 15



12:45
Fun Prizes!
\$25
Jackpot!

Thursday,
Apr. 16 **HealthySteps**



10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



After lunch, our Living Well series continues with a chat with:



TITUSVILLE
AREA
HOSPITAL

MORE
THAN A HOSPITAL

ORTHOPEDICS



You can view your Copilot account online at:
community.copilot21.com



Edward Jones

Member SIPC

Our clients' interests come first. Call or stop by.

Mike Watson
AAMS™
Financial Advisor
202 West Spring Street
Titusville, PA 16354
814-827-8840

Kenneth S Bodamer
Financial Advisor
202 West Spring Street
Titusville, PA 16354
814-827-8840

MKT-5894P-A-A4 AECSPAD

> edwardjones.com

BRING A FRIEND!

Friday, April 17

FREE Blood Pressure Screenings
with Anne Logan at 11:00

Birthday Cake with Lunch

Senior Council ~12:45
We're always looking
for new ideas!



Monday, April 20

Pinochle Party



12:45pm ~ \$1 to play ~ Enjoy some snacks!

Tuesday, Apr. 21

Healthy-Steps



10:30 AM ~ This **FREE** class focuses
on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:  **pennsylvania**
DEPARTMENT OF AGING

Special Guest:



TITUSVILLE
AREA
HOSPITAL

MORE
THAN A HOSPITAL

OCCUPATIONAL THERAPY

Wednesday, April 22



Join us at 12:45
Fun Prizes!
\$25 Jackpot!
We go FAST!

Thursday, Apr. 23

Healthy-Steps

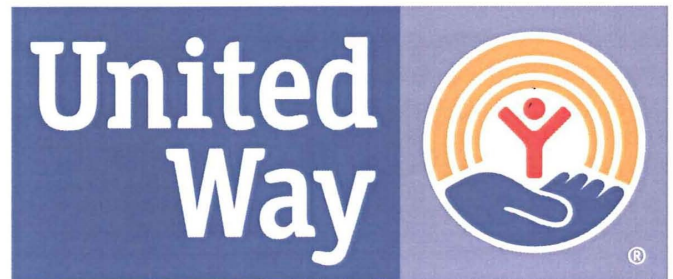


10:30 AM ~ This **FREE** class focuses
on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



After lunch, join us for a chat with:



United Way of the Titusville Region



Find us on
Facebook

Titusville Insurance Agency



107 E. Bloss St, Titusville, PA 16354
814-827-8888, 800-346-8714, Fax 814-432-5608

Michelene Tarr

Lisa Buchna

Business, Auto, Home, Health, Life & Annuities



ALZHEIMER'S & DEMENTIA CAREGIVER SUPPORT GROUP

Our group is a compassionate community dedicated to providing understanding, resources, and encouragement for caregivers of loved ones living with Alzheimer's disease or other forms of dementia.

The group will be led by experienced facilitators who offer valuable insights and practical knowledge. Join us to connect, learn, and find strength.

WHEN:	MONDAY, APRIL 27, 2026 TIME: 1:00 PM
WHERE:	TITUSVILLE SENIOR CENTER 714 E. MAIN ST. TITUSVILLE
FACILITATOR:	MELISSA SWARTWOOD, DHSC, CDP HOSPICE OF CRAWFORD COUNTY

HOSTED BY TITUSVILLE SENIOR CENTER & HOSPICE OF CRAWFORD COUNTY



FOR MORE INFO: 814-333-5403



NO COST TO ATTEND • WALK-INS WELCOME • GROUP OFFERS BOTH EDUCATION & SUPPORT

Friday, April 24

Breakfast Club

Pre-registration is required

Monday, April 27

Pinochle Party

12:45pm ~ \$1 to play ~ Enjoy some snacks!

Alzheimer's/Dementia
Support Group
1:00 PM with:



HOSPICE

of Crawford County, Inc.

Bringing Compassionate Care To Your Journey

Tuesday, Apr. 28 Healthy-Steps



10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



INTERNET



TELEVISION



TELEPHONE

ARMSTRONG®

Keeping you **connected**:

ArmstrongOneWire.com • 1.877.277.5711

Wednesday, April 29



12:45
Fun Prizes!
\$25
Jackpot!

Thursday, Apr. 30 Healthy-Steps



10:30 AM ~ This **FREE** class focuses on increasing flexibility and balance.

Healthy Steps in Motion
was developed by:



Thursday, May 1



9:00 AM

Breakfast

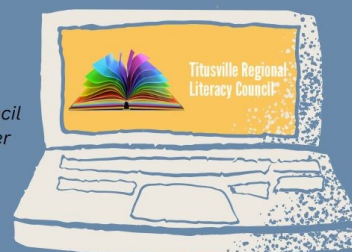
10:00 AM

Craft Show Preparations

DIGITAL LITERACY MONDAY

Every Monday!
10:30 AM -
2:30 PM

Titusville Regional Literacy Council
will have someone at The Center
to help you navigate and gain
confidence while you learn.



TITUSVILLE
Senior Center

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goseniors@zoominternet.net

Spring Craft & Vendor Show

ARTS, CRAFTS & GOODS BY LOCAL
ARTISANS + VENDORS
Kitchen will be open.

Saturday, May 2nd
10:00 am - 3:00 pm

"Savory STUDIO" "crushed glass **ART!**

Thursday, May 14th @ 12:45 PM

📍 **Titusville Senior Center**
714 E Main St
Titusville, PA 16354

\$20

6" Designs



Turtle



Dragonfly



Butterfly



Titusville Express Pharmacy Now Offers Compliance Packaging

Compliance Packaging:

- Organizes medication by dose and time into easy to open blister packs.
- Helps maintain medication schedule and improves compliance.
- Each compartment is labeled with medication details and provides clear instructions.
- Ideal for complex dosing or multiple medications.
- Available at no additional cost.

Pharmacy Hours:

Monday - Friday: 9:00 a.m. - 6:00 p.m.
Saturday: 9:00 a.m. - 1:00 p.m.
Sunday: Closed



Call 814-827-5719 to verify if you are eligible.



401 West Spring Street, Titusville
Ph: 814-827-5719 • Fx: 814-827-7231

tahexpressrx.com



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Phone: (814) 827-9134

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Titusville Area Senior Citizens Corporation Board of Directors

Betty Fry	President
Wendy Wright	Vice-President
Anne Logan	Secretary
Pam Anderson	Erin Bolding
Marti Bennett	Janice Resheske

Titusville Senior Center Council

Johnna Kushner	President
Wendy Wright	Vice-President
Mary Carol Cartney	Secretary
Ellen Booth	Bess Endres
Lew Cooke	Donna Goodwill
	Pat Vasbinder

Titusville Senior Center Staff

Ashley Reynolds	Executive Director
Theresa Melaragno	Center Assistant
Bill Daye	Kitchen Manager

We ask that you pre-register for lunch two days in advance. Stop in the office, call, or pre-register with CoPilot.

While we do receive some funding from **Active Aging & United Way of the Titusville Region**, we rely on your donations to help make ends meet.

We ask for a suggested donation of only **\$3.00**, more if you are able.



Funded in part by the Pennsylvania Department of Aging



United Way of the Titusville Region

Please note, no senior will be denied a meal because of the inability to make a donation.

Do you have Medicare or are you going to be new to Medicare soon?

Pennsylvania Medicare Education and Decision Insight, PA MEDI, counselors are trained and certified by the PA Department of Aging and are able to assist you with information regarding your Medicare coverage and benefits.

Call 814-336-1792 or toll-free 1-800-321-7705 to schedule an appointment with a **PA MEDI** counselor to help you understand your Medicare covered health benefits.



pennsylvania

Medicare Education and Decision Insight



116 West Spring Street in Titusville
Drop in, or call: (814) 775-0770

Social Connection is a Consumer Driven Mental Health Drop-In-Center. The purpose is for consumers to share friendship, a warm environment and a place to increase their personal socialization with peers who have similar life experiences.